



## LOUISA SWIM TEAM WILL CONTINUE WITH NEW COACH

The Louisa Swim Team will be starting the year at the Louisa Pool with a new coach for the 2016 season. The change occurred after the previous coach stepped down due to medical reasons.

“Tanner came highly recommended and after an interview and reviewing his past record and background I am excited to have Tanner on board with us here at the city” Mayor Harold Slone stated.

Jessica Crittendon will continue to manage the Louisa City Pool this year and all activities will continue pretty much as years past.

Listed below is the coach's Bio.

I can't remember a time in my life that I didn't love swimming. We had a pool, so my mom never wanted me to be afraid of the water. By the time I was 2, I could swim all over the pool, under water, with no floaties, or life jacket, or help from an adult. When I was 5 yrs old, I joined the Louisa Swim Team. It was awesome! I was so sad when the season ended. Then my grandma found an announcement in the Herald Dispatch that the Huntington YMCA was having tryouts for their USA Swimming team. So I tried out & made the team. It was a lot of work. We practiced 5 days a week, year around & traveled all over for swim meets. I have always loved sports, but swimming just came naturally for me. I learned a lot from the YMCA team, but the Louisa Swim team was always the most fun. One year, Coach Erin took a few of us to the KY Bluegrass Games. It was a great experience. I won several medals & continued to go back for many years, always bringing home more medals.

I have won many trophies and awards in the tri-state area; but my most memorable accomplishment would have to be when I qualified for the Junior Nationals, my 7th grade year. My mom had just sent in my paperwork & booked our trip to Texas, when I had an injury during a middle school basketball practice, that ended my swimming career. I had to have anchors placed in my shoulder, to reattach the cartilage to the bone. Then went through several months of physical therapy. I did great with the surgery; but my surgeon said that my shoulder would never be strong enough to endure 2 hours of practice, five days a week.

Though It has been 6 years since I last competed, I will never forget the techniques of swimming or the confidence that I gained from competing. I look forward to coaching and mentoring this young group of water dogs. I hope to instill in them the same passion for swimming that I felt, when I was a member of the Louisa Swim Team.

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